

DUMP THE JUNK

5 Day Mini Cleanse

Pantry List

Shaklee Products

- 1 bottle Shaklee Alfalfa
- 1 bottle Shaklee Herb-Lax
- 1 canister Shaklee Life Shake
- 1 box Shaklee 180 Snack Bars

Order products by January 15th

Fruit

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Vegetables

_____	Lettuce
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Dairy

_____	Fat-Free Milk
_____	_____

Condiments / Other Items

_____	_____
_____	_____